Hearing God through Dreams and Visions

Pastor Kristi Graner
www.Dare2Believe.biz
Everyone seems to be having dreams but few people effectively understand them. Is it possible to tap into these parables of the night and receive deeper insight into our waking lives? Many people believe that dream interpretation belongs to the realm of the psychics and psychoanalysts. The Bible, however, reveals to us that dreams are one of the ways that God speaks to us.

Although not all dreams are from God, many of the dreams people have are divinely given. As we learn to better understand the meaning of dreams, we can find clues to our destiny in God and help other people find theirs as well.

- Get your dream’s meaning quickly and accurately.
- Develop your ability to hear God through your dreams and daily life.
- Recognize which dreams are important and in need of interpretation.
- Discover destiny dreams and life-calling dreams.
- Effectively deal with nightmares to get a positive outcome.
- Track and journal your dreams for future application.
- Find out the meaning of common dreams like: flying, being chased, teeth coming loose, and more.

Pastor Kristi Graner, Director of Dare To Believe Ministries (www.Dare2Believe.biz) was trained by John Paul Jackson to understand God’s dream language. Kristi has been teaching Biblical Dream Interpretation for years and has equipped many people to interpret dreams of others.
I had heard of You only by the hear of the ear, but now my spiritual eye sees you  Job 42:5 (Amplified)

Here are five key tests to help you recognize God’s voice.

1) **Test the origin** (*1 John 4:1*). Thoughts from our own minds are progressive, with one thought leading to the next. Thoughts from the spirit world are often more spontaneous. The Hebrew word for true prophecy is *naba*, which literally means "to bubble up," whereas false prophecy is *ziyd*, meaning "to boil up." True words from the Lord will bubble up from our innermost being; we don't need to make them up ourselves or help God speak.

2) **Compare it to biblical principles.** (*2 Timothy 3:16*) God will never say something to you personally that is contrary to His universal revelation as expressed in the Scriptures. If the Bible clearly states that something is a sin, a fresh word of God will not contradict that. A healthy understanding of biblical principles is important.

3) **Compare it to the names and character of God as revealed in the Bible.** Anything God says to you will be in harmony with His nature. It is always the goal to know God personally. Knowing what the Bible says about Him will help you discern what words are from Him. Make sure that what you share from God lines up with the character of God as described in the Names of the Father, Son and Holy Spirit. (Recommended reading: 365 Names of God, John Paul Jackson)

4) **Test the fruit** (*Matt. 7:15-20*). What effect does what you are and sharing have on your soul and your spirit? Words from the Lord will quicken your faith and increase your love, peace and joy. They will stimulate a sense of humility within you as you become more aware of who God is and who you are. On the other hand, any words you receive that elicit fear or doubt, that bring you into confusion or anxiety do not line up with the fruit of God’s Spirit.

5) **Share it with your spiritual mentors** (*Prov. 11:14*). We are members of the body of Christ. We weren't designed or called to walk alone. Nothing will increase your faith in your ability to hear from God like having it confirmed by two or three other people! Share what you've heard with someone who knows the Lord, loves you, has a solid biblical orientation and, most important, they must also lovingly and easily tell you the truth.
The gatekeeper opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. But they will never follow a stranger; in fact, they will run away from him because they do not recognize a stranger’s voice. John 10:3-5 NIV

<table>
<thead>
<tr>
<th>Natural Realm</th>
<th>Spiritual Battlefield</th>
<th>Throne Room</th>
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<tbody>
<tr>
<td>Genesis 2:4</td>
<td>Ephesians 6:12</td>
<td>Ephesians 1:20</td>
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<tr>
<td>Revelation 21:1</td>
<td>Daniel 10:13</td>
<td>Colossians 3:1</td>
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<td>Isaiah 45:12</td>
<td>Romans 8:38-39</td>
<td>2 Corinthians 12:2-4</td>
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<td>Psalm 150</td>
<td>Ephesians 2:2</td>
<td>Ephesians 4:10</td>
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“By myself I can do nothing; I judge only as I hear, and my judgment is just, for I seek not to please myself but him who sent me.” John 5:30

Jesus gave them this answer: "Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does.” John 5:19

“I am telling you what I have seen in the Father's presence, and you are doing what you have heard from your father." John 8:38

Know your source!
“God-given dreams are like stars… you may never touch them, but if you follow them they will lead you to your destiny” unknown

God who created us has chosen to communicate with mankind through dreams.

God has always talked to His children in dreams.

In scripture, dreams or visions are mentioned ________________ times

Nearly 1/3rd of the Bible relates to visions or dreams

- Solomon: received gifts
- Gideon: overheard a dream
- Joseph: shared his DREAMS AND interpreted
- Jacob: dreamt about a ladder
- Pilates wife: was warned

Dreams are a central way God has chosen to communicate with us; we are foolish if we choose not to give them great weight!

In scripture, we area of many people who received important dreams (and some the interpretations) from the Lord.

“If God is a dreamer, which He is, and if He loves dreamers, which He does, then how precious to Him must be those who nurture dreams and dreamers.” Mark Rutland in Dream

‘In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Acts 2:17
I keep asking the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better” (Ephesians 1:17)

Being ___________________________ consistently is the best way to increase your discernment

Interpretations come as a result of increasing __________________

Four ways we see God giving interpretation:

1. Instantaneously through an angel (i.e.: Daniel)

2. Speaking to us, describing the dream’s meaning as we sleep

3. Process of writing it down (possibly sending interpretation as you write or through someone else)

4. By unfolding a dream’s meaning as we mature in understanding His ways

We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words. The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. The spiritual man makes judgments about all things, but he himself is not subject to any man’s judgment: “For who has known the mind of the Lord that he may instruct him?” But we have the mind of Christ. 1 Corinthians 2:12-16
Each of the two men—the cupbearer and the baker of the king of Egypt, who were being held in prison—had a dream the same night, and each dream had a meaning of its own. When Joseph came to them the next morning, he saw that they were dejected. So he asked Pharaoh's officials who were in custody with him in his master's house, "Why are your faces so sad today?" "We both had dreams," they answered, "but there is no one to interpret them." Then Joseph said to them, "Do not interpretations belong to God? Tell me your dreams." Genesis 40:5-8

____________________ and __________ are the only two dream interpreters mentioned in scripture.

Two “gutters” regarding biblical interpretation

1.

2.

For God does speak—now one way, now another—though no one perceives it. In a dream, in a vision of the night, when deep sleep falls on people as they slumber in their beds, he may speak in their ears and terrify them with warnings, to turn them from wrongdoing and keep them from pride, Job 33:14-17

It is the glory of God to conceal a matter; to search out a matter is the glory of kings. Proverbs 25:2
Dreams and Parables:  METAPHORE

**Dreams:** more metaphorical

- Metaphor: simple
- Allegory: more lengthy
- Day Dreaming

Study parables and dreams in scripture –

<table>
<thead>
<tr>
<th>SIMILES</th>
<th>METAPHORS</th>
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<tbody>
<tr>
<td>Her heart is like gold.</td>
<td>Her heart is gold.</td>
</tr>
<tr>
<td>The world is like a stage.</td>
<td>The world is a stage.</td>
</tr>
<tr>
<td>He eats like a pig.</td>
<td>He is a pig.</td>
</tr>
<tr>
<td>You are like a rock.</td>
<td>You are a rock.</td>
</tr>
<tr>
<td>Your eyes are like sunshine.</td>
<td>You are my sunshine.</td>
</tr>
<tr>
<td>Poor as dirt.</td>
<td>Sea of sand.</td>
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There are other variables that influence the “dream language” God uses for each individual

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________
4. ____________________________________________

What did a skinny cow mean to an Egyptian pharaoh?

What did the moon and stars mean to a Hebrew family?

What do your dream symbols mean to you?

Is it used in scripture
Is it a word play (pun)
What does that mean to you?
Common Dream Symbols (Metaphors)

Why this …… why not that?

Testing: ______________________________________________________

Cars: __________________________________________________________________________

House: __________________________________________________________________________

Flat tire: ________________________________________________________________________

Naked: __________________________________________________________________________

Going to bathroom: __________________________________________________________________________

Having a baby or pregnant (men and women) __________________________________________________________________________

Snake: __________________________________________________________________________

Falling: __________________________________________________________________________

The disciples came to him and asked, "Why do you speak to the people in parables?" He replied, "The knowledge of the secrets of the kingdom of heaven has been given to you, but not to them. Whoever has will be given more, and he will have an abundance. Whoever does not have, even what he has will be taken from him. This is why I speak to them in parables: ……….' But blessed are your eyes because they see, and your ears because they hear (Mathew 13:10-16)
How to Discern if a Dream is from the Lord

• _________________________
• _________________________
• _________________________
• _________________________

This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 1 John 1:5

Dark Dreams

• Black and white or muted colors
• Emotions are negative or hopeless
• “I reject this in the name of Jesus”
• Angels (Luke 4:10-11, Psalm 91:11)

• Not everyone is able to interpret his or her dreams – or dreams of someone else. We are dependent on God’s gifting and revelation!

“In the first year of Belshazzar king of Babylon, Daniel had a dream, and visions passed through his mind as he was lying on his bed. He wrote down the substance of his dream.” (Daniel 7:1)
Write down the substance of your dream (honor what God is saying)

Keep a journal online

www.GodJotter.com
www.Evernote.com

Voice record on your phone (can be changed to text)

Good Old Fashioned Write in a journal

Steps to Interpreting

• Title
• Walk through the dream
• Weigh the dream
• Who is it about?
• What colors or emotions stand out?
• Anything repeated?
• 3-4 main points
• Give your interpretation in a couple of sentences

• Title:

• Focus:

• Other important points (colors, emotions, etc.):

• Dreamer’s position in dream (dreamer, participant, observer):